



## MEDICAL EAR PIERCING

### AGES:

Must be 3-6 months or age 7 and older. Child must be an established patient of our practice and up-to-date on vaccinations.

### COST:

\$100 cash/check/card includes piercing of both ears and piercing earrings. For an additional \$10, you may purchase a bottle of Invemess ear piercing cleaning solution. We do not bill insurance as this is a cosmetic procedure.

### WHERE DO WE PIERCE:

We only pierce ear lobes and do not pierce ear cartilage, noses or belly buttons.

### PROCESS:

1. Call and schedule an office visit with Natalie Martin, our physician assistant. This is an ear piercing only visit and cannot be combined with a sick or well visit.
2. A vibrating device will be applied to cheek to minimize discomfort from the procedure.
3. We will mark ears together and measure with a ruler to ensure proper placement. Placement is approved by parent before piercing.
4. Earring choice is made during the ear piercing appointment:
  - Medical Plastic Crystal 4mm
  - Medical Plastic Daisy Rose 5mm
  - Silver Titanium Crystal 4mm
  - Gold Titanium Crystal 4mm
5. Ears are pierced one at a time using sterile, single-use cassettes to prevent infection and cross-contamination. The cassettes fit into a piercing device that allows very precise placement of earrings.

### AFTERCARE:

1. Never touch ears with unclean hands.
2. Clean your newly pierced ears ( on both sides) thoroughly twice a day with ear piercing cleaning solution or with soap and water. Dry with Q-tip.
3. Gently twist earrings once per day. This is best done when ears are wet.
4. Clean ears after swimming in pool, lake or ocean during first 6 weeks.
5. Keep ears clean and dry.
6. Cover your ears when applying make-up, hair spray, spray perfume, hair-dye, etc.
7. Keep earrings in continuously for 6 weeks and then remove the ear-piercing earrings **PERMANENTLY** and change to new earrings.
8. We recommend using nickel-free earrings for the first year to reduce risk of nickel allergy which is most likely to occur during the first year.
9. It takes up to one year before the pierced holes are completely healed, so do not go more than 24-hours without wearing earrings to prevent shrinking or closure of holes.